



# Bournemouath Society for the Visually Impaired

Your local charity supporting the blind and  
partially sighted in Bournemouath and the  
surrounding areas

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**Editor: Jo Wood**

## Tall Ship Adventures



Members Jean Sparrowhawk and Rita Keeley recently embarked on a one-day sailing voyage thanks to BSVI's involvement with the Jubilee Sailing Trust. The JST (a charity established in 1978 with a donation from the Queen's Silver Jubilee Appeal Fund) owns and operates the tall ships 'Lord Nelson' and 'Tenacious'. These are the only tall ships in the world specifically designed to enable people of all physical disabilities to sail side-by-side as equals, sharing the challenges and fun of life at sea in comfort and safety.

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Everyone who joins the ships becomes part of the crew, nobody sails as a passenger, with teamwork at the heart of the tall ship experience.

Jean explains, 'we sailed from Southampton at 8.30am. The weather was perfect, we sailed down the Solent by motor and then the sails went up as we sailed around the South side of the Isle of Wight. It was absolutely great, I thoroughly enjoyed every minute of it. I had a giggle trying to helm the ship, which didn't seem to think I knew my port from my starboard! The food was great and the "2 - 6 heave" phrase is imprinted on my brain forever for pulling the ship's ropes!

The one day voyage was a great taster session, about 40 people were on board the 'Tenacious' and I'll go again without any doubt! In fact, I'm already on the waiting list for a 7 day Channel Islands trip.'

Members Barbara and Peter Russell have now booked a 5 day cruise to the Channel Islands/French Coastal waters in October. Phillip Teaffey is also looking forward to a 20 day cruise to the Canary Islands in October/November - we look forward to sharing their stories with you!

## BSVI services

**Chiropody** - HPC registered chiropodist Margareth Sackett offers members appointments every 6 weeks on Wednesday mornings (£16). Transport is also available. The next dates are **13th August\*** and **17th September**. Please phone **01202 546644** to book an appointment. (**\*Please note CHANGE of DATE**)

**Tuesday morning Drop In Café** - A lively atmosphere is enjoyed by the visually impaired on Tuesdays from 10.30-12.30, together with cooked breakfasts. Pre-booked roast lunches are offered on the last Tuesday of each month. Minibus transport can be arranged. Come along to meet new friends, have some fun and a good chat!

**Hearing Club** - this takes place on the 2nd Wednesday of each month from 10.30-12 noon. Transport is available for £4 - please book in the office 2 days in advance. If you would be interested in joining this friendly group or know anyone who would like to volunteer to help, please call **01202 546644**.

## In the Community

On 10th June we presented an interactive workshop at Bournemouth University's 'Festival of Learning', raising awareness of sight loss and BSVI. Attendees were taught how to guide visually impaired people along corridors and down stairs. Guests were also encouraged to wear spectacles simulating various eye conditions and attempt to carry out simple tasks such as making sandwiches.

If you know any group who would like an information talk about visual impairment and BSVI's work, please contact Philip on **01202 546644** or e-mail: [philip.tarrant@bsvi.org.uk](mailto:philip.tarrant@bsvi.org.uk)

## Robert's Outings

**Saturday Outings for the rest of the year:**

**Saturday 6th September - West Bay (£15)**

**Saturday 18th October - Salisbury (£14)**

Prices quoted are for transport only. Trips are only suitable for those who are reasonably mobile and do not require excessive personal assistance.

## Legacies

At some time or other all of us need to contemplate making a will. Many people consider donating sums to charity - did you know that monies given to charities can reduce the level of inheritance tax?

BSVI is your **local** charity supporting the blind and partially sighted throughout Bournemouth. We are a **small** charity, relying heavily on gifts and donations, including legacies.

More than 400 visually impaired people visit us every month to benefit from our Resource Centres, Emotional Support and Befriending services, activities and sports groups. Please remember us when you are writing or revising your will or tell your family or friends about BSVI - you can feel proud to know that any money left will enable visually impaired people to lead active, independent lives.

A Talk '**Making and Updating Wills**' will take place on **Thursday 2nd October** at 2pm. If you wish to confidentially discuss the option of donating to BSVI in your will, please e-mail Philip or call him on **01202 546644**. 3

## Songs from the Shows



BBLOC Bitesize present 'Songs from the Shows' on **Saturday 27th September** in The Rooper Hall. The show starts at 7.30pm and tickets are £10. For more information, please call **01202 546644**.

## Edith reaches 105!

Congratulations to BSVI's oldest member Edith Niblett, who celebrated her 105th Birthday in June. Edith



still cleans her own flat despite her sight problems. She says, 'I have lived there for a long time so I know where everything is. I have always liked to keep everything very clean and I intend to keep doing it myself for as long as I am able to!' Proof to us all that being elderly and visually impaired need not be seen as an insurmountable challenge!

## BWBF

British Wireless for the Blind Fund supplies specially modified audio equipment to people registered as sight-impaired or severely sight-impaired, free for people in financial need. BSVI is a local agent for the BWBF. Even if you don't qualify for free equipment, all items including the Concerto 2 which allows users to play Daisy CDs, MP3's, cassettes, SD cards and USB sticks can be bought. For advice, call the Resource Centre on **01202 546644**.

## Touch Tours

Southampton City Art Gallery has been running bi-monthly Touch Tours for over 15 years. Member Margaret Lewis explains, 'I've been able to go many times over the years and can thoroughly recommend them. Anyone with an interest in art in the past or even those who know nothing about the subject will find it therapeutic, entertaining and educational.' These friendly, informal sessions take place on Friday mornings – for more information, please call Jo Bressloff on **02380 832 810**.

## Quiz Night

Our next fundraising Quiz Night is on **Saturday 20th September**. The Doors will open at 7pm for a 7.30pm Quiz start. Teams of 6-8 people are invited to compete over 6 rounds of friendly fun, with an interval to enjoy Fish and Chips and an Ice-cream. Tickets cost **£8.50** and a Raffle will be drawn at the end of the evening. Guests may bring their own drinks or purchase from the BSVI Bar.

The following Quiz is on **29th November**. Please phone Caroline on **01202 546644** if you wish to join us!

## Outdoor Archery

Archery Club member Barbara explains, 'during the winter months I have enjoyed learning the technique and challenge of archery in the comfortable and very quiet surroundings of Rooper Hall. We now have the opportunity to participate in the sport outdoors, using a professional target range.

As I am getting myself prepared with bow and arrow, the slight breeze, warm sunshine and gentle song of



the blackbirds give me a good picture of my surroundings and a real archery environment. The walk to the target is approximately 10 metres over slightly rough ground as it is a grazing meadow for sheep when arrows are not being fired enthusiastically on Tuesday evenings.'

## Thank you



'Thank you' to our kind volunteer Maureen's 'green fingers', as she helped BSVI by planting lovely pots of flowers for us all to

enjoy at the Centre.

## Fundraising

Thank you to everyone who attended the Andrew Cannon concert in June - a fun evening was enjoyed by all whilst raising funds for the society.

We also thank those who supported us on our tombola stalls at Poole Carnival in May and Winton Carnival in June.

We thank Angie and Jane at Glenhurst Manor for organising the Fundraising Garden Party for us in July and for inviting members to their National Care Home Day in June.

If you know any group who might like to do a fundraising event to help BSVI, please let us know on **01202 546644**. We will support by providing our leaflets and publicity material.

Thank you to everyone for your continued help - your donations make such a difference to the lives of local visually impaired people.

We are extremely grateful to Councillor Nicola Greene who kindly allowed us to use her garden again for our annual summer Garden Party, where we enjoyed beautiful weather.

## WW1 Art Project

Member Margaret Lewis updates, 'the Commemorative Banner is really coming together. All the ladies in the Craft Group have enjoyed themselves and had a go, even when they may have doubted that they could do it! Everyone has done something towards it, it has been a real combined effort! They were all really happy and proud to see it being pinned together today. We just need to collate a collage now with photos of members of the Armed Forces in the war. This will be put behind the hanging petals so if anyone has any photos we could copy, please bring them in. I am thrilled with the result of this project and how it has come together after initial group discussion, planning and decision making.'



## BSVI Sight & Hearing Resource Centre

**Opening Hours:**  
**Monday - Friday**  
**10 am - 1pm**

**Everyone** is welcome to visit our Resource Centre - no appointment is necessary. Our friendly staff and volunteers are on hand to offer full demonstrations of specialist equipment for sight and hearing impaired people which then may be ordered or purchased.

We have added further items to our Donation Corner, including talking bathroom scales, talking clocks, large faced watches, a talking timer and a cassette player.

Please do visit us soon and make an offer for any piece of equipment that may suit your needs.



## Volunteers required

Do you know any 'technically minded' person who could help in our Resource Centre by demonstrating equipment to sight or hearing impaired customers?

Please contact Geraldine on **01202 522184** to join our friendly volunteer team - we look forward to hearing from you. Full training will be offered to suitable applicants!

## Entertainment

Some of our activities during the summer months:

**Thursday 7th August -**

Marion's Garden Tea Party

**Thursday 14th August -**

Lunch Outing to Iford Bridge Tea Rooms

**Thursday 21st August -**

South West Coast Path Talk No. 2 by Peter Shephard

**Monday 1st September -**

Beach Hut Day

**Thursday 11th September -**

Dorset Trefoil Choir

**Monday 29th September -**

Geraldine's Ballroom Dancing

## Brass Band Concert

Saturday 25th October at BSG  
- more details next time!

# **SUMMER DISCO & BBQ**

**Saturday 16th August  
7.30-11pm**

**The Rooper Hall  
5 Victoria Park Road  
Bournemouth  
BH9 2RB**

**Tickets £10 each  
(inc Food)**

**Cash Bar & Raffle**

**Optional Fancy Dress  
Prize for Best Dressed  
Music to suit all tastes!**

**Tickets available on 01202 546644**

**Raising funds for BSVI**

**Bournemouth Society for the Visually Impaired**

**5 Victoria Park Road, Bournemouth BH9 2RB**

**Tel 01202 546644 (General Enquiries)**

**Tel 01202 522184 (Community Services)**

**[www.bsvi.org.uk](http://www.bsvi.org.uk)**

**e-mail: [info@bsvi.org.uk](mailto:info@bsvi.org.uk)**

**Our services are designed to enable people who have  
a significant visual impairment remain independent and  
be part of the community.**

**Company Reg No: 5792657**

**Charity Reg No: 1114570**